

McCracken's Gymnastics and Swim, Inc.

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www.mcgymswim.com

Meet Information update

WHO: Level 4

WHAT: KC Co-ed Invitational

WHERE: KCI Expo Center
11728 Ambassador Dr.
KC, MO 64153

WHEN: January 30th – 31st, 2010

Final Schedule

Saturday, Jan. 30th

Level 4

Open Stretch:	2:45pm
March In:	3:15pm
Warm-up 1 st event:	3:20pm
Competition:	3:30pm

Awards immediately following the session

****Please make sure your child arrives on time!!**

****This meet is capital cup, so there will not be a full hour of just warm-ups!! As a spectator you will want to be at the meet the entire time. If you have questions on this format, please ask your coach!**